

✳ The location of Hemsö kayak



In a close range there are several nice places. If you are heading out to the sea, you can do a shorter day trip / half-day trip to Bönskäret (6km return trip). This is also a very beautiful island if you want to stay overnight. Both Lungön and Hemsön offer beaches where you can stay and swim and take a break.

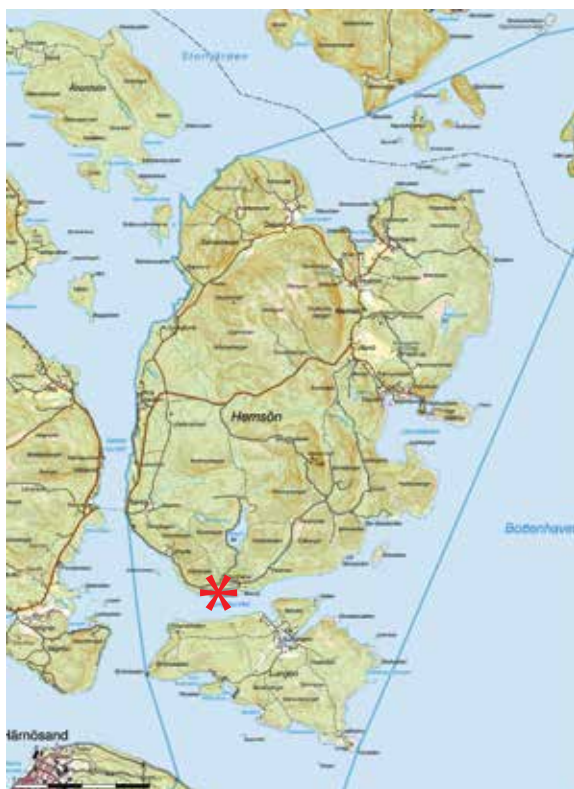
If you want to experience a really nice sunset, a shorter paddling is recommended to Lungöns north-western corner, near Köpmanhällan.



A longer day trip can be around Lungön. The journey is about 16km. You paddle 3-4km/h at a slow pace, which means at least 4 hours of effective paddling. But do not forget to have a coffee break!

Since the seaside of Lungön meets the Bothnian Sea you should start early in the morning when the water is calm.

On Lungön there is a cool singing rock, Ljummastenen.



Paddling around Hemsön takes 2-3 days (33km). Along the trip you will meet beautiful beaches, impressive cliff scenery and a beautiful old fishing village. Our kayaks are well adapted to get all the packing you need for an overnight stay. The outside of Hemsön is exposed to the sea and therefore this route is dependent on calm winds.